



# American Heritage School Student Uniform Policy

Updated: June 27, 2020, See Parent Handbook, Section 12

## Purpose and Implementation

We believe that properly wearing the uniform

- Displays unity, modesty, neatness, and dignity;
- Demonstrates respect for self, education, teachers, and fellow students;
- Facilitates focus on learning and service, rather than on clothing and accessories;
- Supports an appropriate distinction between the genders; and
- Reminds students of their commitment to live by the American Heritage Mission Statement.

All male students at AHS are expected to wear the boys' uniform and abide by the dress and grooming standards set forth for boys, and all female students are expected to wear the girls' uniform and abide by the dress and grooming standards set forth for girls.

Students wearing the proper uniform will be admitted to class. The uniform standard will be in place until 3:10 p.m. each school day. All non-uniform items, including but not limited to coats, jackets, sweatshirts, and hoodies, must be removed as soon as practical after entering the building, and immediately upon entering class. Personal coats or jackets may only be worn inside the building when a student is actively in the process of exiting to or entering from outside activities. Given that there is limited space for coats and jackets in the lunchroom, students who are planning to go outside during lunchtime recess may wear their non-uniform coats, jackets or sweatshirts during lunch in the lunchroom.

We trust that students and parents will govern themselves by the spirit of the uniform policy. Many items and variations are not specifically prohibited but are outside the spirit of the policy and thus are not permitted.

Definitions for terms used in the uniform policy:

- Conservative: Restrained; avoiding showiness
- Modest: Modesty excludes short skirts, tight clothing, and other revealing attire
- Non-distracting: Not drawing attention to oneself
- Small: Fine, minute, diminutive, slender, thin, little, of small diameter
- Subtle: Fine, thin, delicate, slight, faint, refined, difficult to perceive

## Dress Standards

- Clothing should fit appropriately (neither tight nor baggy).
- Pants on boys and young men should be conservative in style and not tight or slim fitting.
- Alterations, other than hemming, are NOT permitted!
- Skirts, shifts, jumpers, and skorts on girls and young women should be modest in length and fit. The minimum length should allow for the skirt to naturally touch the kneecap.
- K-12 girls and young women must wear snug-fitting black or navy biker style shorts daily under skirts, shifts, jumpers, and skorts (except when K-6 girls wear approved leggings). Biker style shorts may not extend below the hemline of the uniform.
- Undershirts and camisoles must be plain white. Undershirt sleeves may not extend beyond the cuff of the uniform sleeve.
- Socks must be worn at all times. Alternatively, girls may wear leggings or tights. (See appropriate section for details).
- Uniform approved jackets and sweaters are permitted in the building and may not be worn around the waist.
- Hats and baseball caps may not be worn during school hours with the exception of a winter hat worn outside for warmth.
- Clothing should be clean and well-maintained (properly hemmed, unstained, free from holes and fading, etc.).
- Shirts must be tucked in at all times during school hours except during recess and when participating in outside athletic activities.

Please refer to the AHS website for complete information about the uniform, including full-color photos, ordering information, FAQ's, shopping lists, and the current official uniform policy.

**Primary uniform supplier for AHS:** **Dennis Uniforms**  
3560 Main Street  
Salt Lake City, Utah  
801-287-9200  
[dennisuniform.com/schools/R00](http://dennisuniform.com/schools/R00)

**Additional uniform supplier for AHS:** [landsend.com](http://landsend.com)

**Parent site for used uniform sales:**  
[american-heritage.org/parent-organization](http://american-heritage.org/parent-organization)



# Elementary School Uniforms, Grades K-6

| Boys' Mon-Thursday Uniform, Grades K-6  | Girls' Monday-Thursday Uniform, Grades K-6   |
|---|--|
| <p>Any variation of the following may be worn:</p> <ul style="list-style-type: none"> <li>• Dennis or Lands' End navy knee-length shorts</li> <li>• Dennis or Lands' End navy pant (no cuff)</li> <li>• Dennis long sleeve polo, white or red</li> <li>• Dennis short sleeve polo, white or red</li> <li>• Dennis or Lands' End white oxford shirt with button down collar (long sleeve or short sleeve)</li> <li>• Dennis navy polyester vest, cardigan, or pullover</li> <li>• Dennis navy polartec vest or jacket</li> <li>• Dennis or Lands' End navy crew neck sweatshirt with school logo or mascot</li> <li>• Spirit wear jacket – sold only by AHS</li> <li>• Cub/Boy Scout uniform may be worn on Scout days</li> <li>• Dennis red performance polo "New"</li> </ul> | <p>Any variation of the following may be worn:</p> <ul style="list-style-type: none"> <li>• Dennis Macbeth Plaid Longer Length Skort (must touch the kneecap)</li> <li>• Dennis Macbeth Plaid Knife Pleated Jumper (must touch the kneecap)</li> <li>• Dennis Macbeth Plaid Box Pleated Shift (must fall below the kneecap)</li> <li>• Dennis long sleeve polo, white or red</li> <li>• Dennis short sleeve polo, white or red</li> <li>• Dennis white Peter Pan collar blouse (long or short sleeve)</li> <li>• Dennis navy polyester vest, cardigan, or pullover</li> <li>• Dennis navy polartec vest or jacket</li> <li>• Dennis or Lands' End navy crew neck sweatshirt with school logo or mascot</li> <li>• Spirit wear jacket – sold only by AHS</li> <li>• Snug-fitting black or navy biker style shorts that do not extend below the hemline MUST be worn daily</li> <li>• Dennis red performance polo "New"</li> </ul> |
| Boys' Friday Dress Uniform, Grades K-6  | Girls' Friday Dress Uniform, Grades K-3  |
| <p>Required:</p> <ul style="list-style-type: none"> <li>• Dennis or Lands' End navy pant (no cuff)</li> <li>• Dennis or Lands' End white oxford shirt with button down collar (long sleeve or short sleeve)</li> <li>• Dennis solid navy tie</li> </ul> <p>Optional:</p> <ul style="list-style-type: none"> <li>• Dennis navy polyester vest, cardigan, or pullover</li> <li>• Dennis navy polartec vest or jacket</li> <li>• Dennis or Lands' End navy crew neck sweatshirt with school logo or mascot</li> <li>• Spirit wear jacket – sold only by AHS</li> </ul>   | <p>Required:</p> <ul style="list-style-type: none"> <li>• Dennis Macbeth Plaid Box Pleated Shift (must touch the kneecap)</li> <li>• Dennis white Peter Pan collar blouse (long sleeve or short sleeve)</li> <li>• Snug-fitting black or navy biker style shorts that do not extend below the hemline when wearing socks</li> </ul> <p>Optional:</p> <ul style="list-style-type: none"> <li>• Dennis navy polyester cardigan or pullover</li> <li>• Dennis navy polartec vest or jacket</li> <li>• Dennis or Lands' End navy crew neck sweatshirt with school logo or mascot</li> <li>• Spirit wear jacket – sold only by AHS</li> </ul>   |
| Boys' Special Events Dress Uniform, Grades K-6 (Picture Day, ALL concerts, and devotionals)   | Girls' Special Events Dress Uniform, Grades K-3 (Picture Day, ALL concerts, and devotionals)   |
| <p>Required:</p> <ul style="list-style-type: none"> <li>• Dennis or Lands' End navy pant (no cuff)</li> <li>• Dennis or Lands' End white oxford shirt with button down collar (LONG SLEEVE ONLY)</li> <li>• Dennis solid navy tie</li> <li>• Solid black or navy socks</li> </ul> <p>May be worn in class for warmth, but NOT during a Special Event:</p> <ul style="list-style-type: none"> <li>• Dennis navy polyester vest, cardigan, or pullover</li> <li>• Dennis navy polartec vest or jacket</li> <li>• Dennis or Lands' End navy crew neck sweatshirt with school logo or mascot</li> <li>• Spirit wear jacket – sold only by AHS</li> </ul>  | <p>Required:</p> <ul style="list-style-type: none"> <li>• Dennis Macbeth Plaid Box Pleated Shift (must touch the kneecap)</li> <li>• Dennis white Peter Pan collar blouse (LONG SLEEVE ONLY)</li> <li>• Black or navy tights (cable or opaque)</li> </ul> <p>May be worn in class for warmth, but NOT during a Special Event:</p> <ul style="list-style-type: none"> <li>• Dennis navy polyester cardigan or pullover</li> <li>• Dennis navy polartec vest or jacket</li> <li>• Dennis or Lands' End navy crew neck sweatshirt with school logo or mascot</li> <li>• Spirit wear jacket – sold only by AHS</li> </ul>  |
| Girls' Friday Dress Uniform, Grade 4-6  | Girls' Special Events Dress Uniform, Grades 4-6 (Picture Day, ALL concerts, and devotionals)   |
| <p>Required:</p> <ul style="list-style-type: none"> <li>• Dennis Macbeth Plaid Longer Length Skort (must fall below the kneecap)</li> <li>• Dennis white Peter Pan collar blouse (long sleeve or short sleeve)</li> <li>• Snug-fitting black or navy biker style shorts that do not extend below the hemline when wearing socks</li> <li>• Dennis navy sweater vest</li> </ul> <p>May be worn in class for warmth, but NOT during a Special Event:</p> <ul style="list-style-type: none"> <li>• Dennis navy polyester cardigan or pullover</li> <li>• Dennis navy polartec vest or jacket</li> <li>• Dennis or Lands' End navy crew neck sweatshirt with school logo or mascot</li> <li>• Spirit wear jacket – sold only by AHS</li> </ul>                                    | <p>Required:</p> <ul style="list-style-type: none"> <li>• Dennis Macbeth Plaid Longer Length Skort (must touch the kneecap)</li> <li>• Dennis white Peter Pan collar blouse (LONG SLEEVE ONLY)</li> <li>• Dennis navy sweater vest</li> <li>• Black or navy tights (cable or opaque)</li> </ul> <p>May be worn in class for warmth, but NOT during a Special Event:</p> <ul style="list-style-type: none"> <li>• Dennis navy polyester cardigan or pullover</li> <li>• Dennis navy polartec vest or jacket</li> <li>• Dennis or Lands' End navy crew neck sweatshirt with school logo or mascot</li> <li>• Spirit wear jacket – sold only by AHS</li> </ul>  |

# Middle School Uniforms, Grades 7–8

| Boys' Mon-Thursday Uniform, Grades 7–8  | Girls' Mon-Thursday Uniform, Grades 7–8  |
|---|--|
| <p>Any variation of the following may be worn:</p> <ul style="list-style-type: none"> <li>• Dennis or Lands' End navy pant (no cuff)</li> <li>• Dennis long sleeve polo, white or red</li> <li>• Dennis short sleeve polo, white or red</li> <li>• Dennis or Lands' End white oxford shirt with button down collar (long sleeve or short sleeve)</li> <li>• Conservative tie to be worn with Dennis oxford shirt (optional)</li> <li>• Dennis navy polyester vest, cardigan, or pullover</li> <li>• Dennis navy polartec vest or jacket</li> <li>• Dennis or Lands' End navy crew neck sweatshirt with school logo or mascot</li> <li>• Dennis navy quarter-zip sweatshirt</li> <li>• Spirit wear jacket – sold only by AHS</li> <li>• Dennis red performance polo "New"</li> </ul> | <p>Any variation of the following may be worn:</p> <ul style="list-style-type: none"> <li>• Dennis Macbeth Plaid Longer Length Skort (must touch the kneecap)</li> <li>• Dennis Macbeth Plaid Knife Pleated Jumper (must touch the kneecap)</li> <li>• Dennis Macbeth Plaid Box Pleated Skirt (must touch the kneecap)</li> <li>• Dennis Light Navy Box Pleated Skirt (must touch the kneecap)</li> <li>• Dennis long sleeve polo, white or red</li> <li>• Dennis short sleeve polo, white or red</li> <li>• Dennis navy polyester vest, cardigan, or pullover</li> <li>• Dennis navy polartec vest or jacket</li> <li>• Dennis or Lands' End navy crew neck sweatshirt with school logo or mascot</li> <li>• Dennis navy quarter-zip sweatshirt</li> <li>• Spirit wear jacket – sold only by AHS</li> <li>• Snug-fitting black or navy shorts that do not extend below the hemline MUST be worn daily</li> <li>• Dennis red performance polo "New"</li> </ul> |
| Boys' Friday Dress Uniform, Grades 7–8  | Girls' Friday Dress Uniform, Grades 7–8  |
| <p>Required:</p> <ul style="list-style-type: none"> <li>• Dennis or Lands' End navy pant (no cuff)</li> <li>• Dennis or Lands' End white oxford shirt with button down collar (long sleeve or short sleeve)</li> <li>• Dennis solid red tie</li> </ul> <p>Optional:</p> <ul style="list-style-type: none"> <li>• Dennis navy polyester vest, cardigan, or pullover</li> <li>• Dennis navy polartec vest or jacket</li> <li>• Dennis or Lands' End navy crew neck sweatshirt with school logo or mascot</li> <li>• Dennis navy quarter-zip sweatshirt</li> <li>• Spirit wear jacket – sold only by AHS</li> </ul>  | <p>Required:</p> <ul style="list-style-type: none"> <li>• Dennis Light Navy Box Pleated Skirt (must touch the kneecap)</li> <li>• Dennis or Lands' End white oxford shirt with button down collar (long sleeve or short sleeve)</li> <li>• Dennis navy polyester vest</li> <li>• Dennis red crossover tie</li> </ul> <p>Optional:</p> <ul style="list-style-type: none"> <li>• Dennis navy polyester cardigan or pullover</li> <li>• Dennis navy polartec vest or jacket</li> <li>• Dennis or Lands' End navy crew neck sweatshirt with school logo or mascot</li> <li>• Dennis navy quarter-zip sweatshirt</li> <li>• Spirit wear jacket – sold only by AHS</li> </ul>  |
| Boys' Special Events Dress Uniform, Grades 7–8 (Picture Day, ALL concerts, and devotionals)   | Girls' Special Events Dress Uniform, Grades 7–8 (Picture Day, ALL concerts, and devotionals)   |
| <p>Required:</p> <ul style="list-style-type: none"> <li>• Dennis or Lands' End navy pant (no cuff)</li> <li>• Dennis or Lands' End white oxford shirt with button down collar (LONG SLEEVE ONLY)</li> <li>• Dennis solid red tie</li> <li>• Solid black or navy socks</li> </ul> <p>May be worn in class for warmth, but NOT during a Special Event:</p> <ul style="list-style-type: none"> <li>• Dennis navy polyester vest, cardigan, or pullover</li> <li>• Dennis navy polartec vest or jacket</li> <li>• Dennis or Lands' End navy crew neck sweatshirt with school logo or mascot</li> <li>• Dennis navy quarter-zip sweatshirt</li> <li>• Spirit wear jacket – sold only by AHS</li> </ul>   | <p>Required:</p> <ul style="list-style-type: none"> <li>• Dennis navy box pleat skirt (must touch the kneecap)</li> <li>• Dennis or Lands' End white oxford shirt with button down collar (LONG SLEEVE ONLY)</li> <li>• Dennis navy polyester vest</li> <li>• Dennis red crossover tie</li> <li>• Black tights (opaque only, no cable knit)</li> </ul> <p>May be worn in class for warmth, but NOT during a Special Event:</p> <ul style="list-style-type: none"> <li>• Dennis navy polyester cardigan or pullover</li> <li>• Dennis navy polartec vest or jacket</li> <li>• Dennis or Lands' End navy crew neck sweatshirt with school logo or mascot</li> <li>• Dennis navy quarter-zip sweatshirt</li> <li>• Spirit wear jacket – sold only by AHS</li> </ul>   |
| Boys' P.E. Uniform, Grades 7–8  | Girls' P.E. Uniform, Grades 7–8  |
| <p>Required:</p> <ul style="list-style-type: none"> <li>• Any approved AHS t-shirt (spirit apparel or program shirt) or Dennis white short-sleeve shirt with AHS logo</li> <li>• Solid navy, gray, red or black knee-length athletic shorts or sweatpants. Small logos permitted (Black Biker shorts must be worn underneath shorts.)</li> <li>• Secure-fitting athletic shoes with non-marking soles</li> <li>• AFTERSHOOL ATHLETICS: Loose fitting athletic pants/warm-ups or sweatpants must be worn prior to and after practices and games if remaining on campus.</li> </ul> <p>Optional:</p> <ul style="list-style-type: none"> <li>• Ankle or athletic socks (logos are permitted)</li> </ul>  | <p>Required:</p> <ul style="list-style-type: none"> <li>• Any approved AHS t-shirt (spirit apparel or program shirt) or Dennis heather gray short-sleeve shirt with AHS logo</li> <li>• Solid navy, gray, red or black knee-length athletic shorts or sweatpants. Small logos permitted (Black Biker shorts must be worn underneath shorts.)</li> <li>• Secure-fitting athletic shoes with non-marking soles</li> <li>• AFTERSHOOL ATHLETICS: Loose fitting athletic pants/warm-ups or sweatpants must be worn prior to and after practices and games if remaining on campus.</li> </ul> <p>Optional:</p> <ul style="list-style-type: none"> <li>• Ankle or athletic socks (logos are permitted)</li> </ul>  |

# High School Uniforms, Grades 9–12

| Boys' Mon-Thursday Uniform, Grades 9–12   | Girls' Mon-Thursday Uniform, Grades 9–12   |
|---|--|
| <p>Any variation of the following may be worn:</p> <ul style="list-style-type: none"> <li>• Dennis or Lands' End navy or khaki pant (no cuff)</li> <li>• Dennis long sleeve polo, white, red, green, or navy</li> <li>• Dennis short sleeve polo, white, red, green, or navy</li> <li>• Dennis white or blue oxford shirt with button down collar (long sleeve or short sleeve)</li> <li>• Lands' End white oxford shirt with button down collar (long sleeve or short sleeve)</li> <li>• Conservative tie to be worn with Dennis oxford shirt (optional)</li> <li>• Dennis navy polyester vest, cardigan, or pullover</li> <li>• Dennis navy polartec vest or jacket</li> <li>• Dennis or Lands' End navy crew neck sweatshirt with school logo or mascot</li> <li>• Dennis navy or forest green quarter-zip sweatshirt</li> <li>• Spirit wear jacket – sold only by AHS</li> <li>• Dennis red, navy and green performance polo “New”</li> </ul> | <p>Any variation of the following may be worn:</p> <ul style="list-style-type: none"> <li>• Dennis Macbeth Plaid Longer Length Skort (must touch the kneecap)</li> <li>• Dennis Macbeth Plaid Knife Pleated Jumper (must touch the kneecap)</li> <li>• Dennis Macbeth Plaid Box Pleated Skirt (must touch the kneecap)</li> <li>• Dennis Light Navy Box Pleated Skirt (must fall below kneecap)</li> <li>• Dennis Khaki Box Pleated Skirt (must fall below kneecap)</li> <li>• Dennis Khaki Box Pleat Gabardine Skirt 100% polyester (must touch the kneecap)</li> <li>• Lands' End Khaki Solid Box Pleat Gabardine Skirt Below the Knee (must touch the kneecap)</li> <li>• Lands' End Khaki Solid A-Line Skirt Below the Knee (must touch the kneecap)</li> <li>• Dennis long sleeve polo, white, red, green, or navy</li> <li>• Dennis short sleeve polo, white or red, green, or navy</li> <li>• Dennis white or blue oxford shirt with button down collar (long sleeve or short sleeve)</li> <li>• Lands' End white oxford shirt with button down collar (long sleeve or short sleeve)</li> <li>• Dennis navy polyester vest, cardigan, or pullover</li> <li>• Dennis navy polartec vest or jacket</li> <li>• Dennis or Lands' End navy crew neck sweatshirt with school logo or mascot</li> <li>• Dennis navy or forest green quarter-zip sweatshirt</li> <li>• Spirit wear jacket – sold only by AHS</li> <li>• Snug-fitting black or navy shorts that do not extend below the hemline MUST be worn daily</li> <li>• Dennis red, navy and green performance polo “New”</li> </ul> |
| <p><b>Boys' Friday Dress Uniform, Grades 9–12</b></p>   | <p><b>Girls' Friday Dress Uniform, Grades 9–12</b></p>   |
| <ul style="list-style-type: none"> <li>• Dennis or Lands' End khaki pant (no cuff)</li> <li>• Dennis or Lands' End white oxford shirt with button down collar (long sleeve or short sleeve)</li> <li>• Dennis Albury tie</li> <li>• Dennis navy blazer</li> </ul>   | <ul style="list-style-type: none"> <li>• Dennis navy blazer</li> <li>• Dennis or Lands' End white oxford shirt with button down collar (long sleeve or short sleeve)</li> <li>• Dennis Albury crossover tie</li> <li>• Dennis Khaki Box Pleated Skirt (must touch the kneecap)</li> <li>• Dennis Khaki Box Pleat Gabardine Skirt 100% polyester (must touch the kneecap)</li> <li>• Lands' End Khaki Solid Box Pleat Skirt Below the Knee (must touch the kneecap)</li> <li>• Snug-fitting black or navy shorts that do not extend below the hemline MUST be worn daily</li> </ul>   |
| <p><b>Boys' Special Events Dress Uniform, Grades 9–12 (Picture Day, ALL concerts, and devotionals)</b></p>  | <p><b>Girls' Special Events Dress Uniform, Grades 9–12 (Picture Day, ALL concerts, and devotionals)</b></p>  |
| <ul style="list-style-type: none"> <li>• Dennis or Lands' End khaki pant (no cuff)</li> <li>• Dennis or Lands' End white oxford shirt with button down collar (long sleeve or short sleeve)</li> <li>• Dennis Albury tie</li> <li>• Dennis navy blazer</li> <li>• Solid black, navy, dark brown or khaki socks</li> </ul>   | <ul style="list-style-type: none"> <li>• Dennis navy blazer</li> <li>• Dennis or Lands' End white oxford shirt with button down collar (long sleeve or short sleeve)</li> <li>• Dennis Albury crossover tie</li> <li>• Dennis Khaki Box Pleated Skirt (must touch the kneecap)</li> <li>• Dennis Khaki Box Pleat Gabardine Skirt 100% polyester (must touch the kneecap)</li> <li>• Lands' End Khaki Solid Box Pleat Skirt Below the Knee (must touch the kneecap)</li> <li>• Tan or skin-toned nylons</li> <li>• Snug-fitting black or navy shorts that do not extend below the hemline MUST be worn daily</li> </ul>   |
| <p><b>Boys' P.E. Uniform, Grades 9–12</b></p>   | <p><b>Girls' P.E. Uniform, Grades 9–12</b></p>   |
| <p>Required:</p> <ul style="list-style-type: none"> <li>• Any approved AHS t-shirt (spirit apparel or program shirt) or Dennis white short-sleeve shirt with AHS logo</li> <li>• Solid navy, gray, red or black knee-length athletic shorts or sweatpants. Small logos permitted (Black Biker shorts must be worn underneath shorts.)</li> <li>• Secure-fitting athletic shoes with non-marking soles</li> <li>• AFTERSHOOL ATHLETICS: Loose fitting athletic pants/warm-ups or sweatpants must be worn prior to and after practices and games if remaining on campus.</li> </ul> <p>Optional:</p> <ul style="list-style-type: none"> <li>• Ankle or athletic socks (logos are permitted)</li> </ul>  | <p>Required:</p> <ul style="list-style-type: none"> <li>• Any approved AHS t-shirt (spirit apparel or program shirt) or Dennis heather gray short-sleeve shirt with AHS logo</li> <li>• Solid navy, gray, red or black knee-length athletic shorts or sweatpants. Small logos permitted (Black Biker shorts must be worn underneath shorts.)</li> <li>• Secure-fitting athletic shoes with non-marking soles</li> <li>• AFTERSHOOL ATHLETICS: Loose fitting athletic pants/warm-ups or sweatpants must be worn prior to and after practices and games if remaining on campus.</li> </ul> <p>Optional:</p> <ul style="list-style-type: none"> <li>• Ankle or athletic socks (logos are permitted)</li> </ul>  |



# Accessories, Grooming, Oxford Shirts, Grades K-12

| Girls' Accessories  | Girls' Grooming  |
|---|--|
| <ul style="list-style-type: none"> <li>• Hair ornaments must be small, conservative, subtle and non-distracting. All colors are allowed EXCEPT the following colors:               <ul style="list-style-type: none"> <li>o Pink</li> <li>o Purple</li> <li>o Orange</li> <li>o Neon</li> </ul> </li> <li>• Girls jewelry must be conservative, subtle and non-distracting.</li> <li>• Earrings must be limited to one pair</li> <li>• Eyeglasses must have lenses and must be non-distracting               <ul style="list-style-type: none"> <li>o Sunglasses may not be worn in the building</li> </ul> </li> <li>• Blankets or shawls may not be worn in the building</li> </ul> | <ul style="list-style-type: none"> <li>• Hairstyles should be neat and clean,</li> <li>• Avoid extreme and distracting hair colors and styles</li> <li>• Body marking is not allowed, including tattoos, washable tattoos, or marking on the skin with ink or marker</li> <li>• No body piercing is allowed except for a single piercing in each earlobe</li> <li>• K-12 girls will be permitted to wear nail polish and makeup.</li> <li>• Both makeup and nail polish should be subtle, conservative and non-distracting.</li> </ul>   |
| Boys' Accessories   | Boys' Grooming   |
| <ul style="list-style-type: none"> <li>• Boys may wear a single watch</li> <li>• Boys may wear one ring per hand</li> <li>• No earrings, necklaces or bracelets</li> <li>• Boys may wear a solid black, navy, gray (non-metallic) or brown belt</li> <li>• Blankets may not be worn in the building</li> <li>• Eyeglasses must have lenses and must be non-distracting               <ul style="list-style-type: none"> <li>o Sunglasses may not be worn in the building</li> </ul> </li> </ul>   | <ul style="list-style-type: none"> <li>• Boys' hair must be trimmed above the collar, leaving the ear uncovered. Hairstyles should be neat and clean</li> <li>• Hair should be relatively short</li> <li>• Sideburns must not extend below the earlobe or onto the cheek</li> <li>• Young men should be clean-shaven</li> <li>• Avoid extreme and distracting hair colors and styles</li> <li>• Body marking is not allowed, including tattoos, washable tattoos, or marking on the skin with ink or marker</li> <li>• No nail polish</li> <li>• No makeup</li> <li>• No body piercing is allowed</li> </ul> |
| Grades K-12 Boys' and Grils' White Oxford Dress Shirt   | Special Considerations   |
| <p>The following brands are permitted as long as they follow the guidelines stated below.</p> <p>Dennis or Lands' End</p> <ul style="list-style-type: none"> <li>• An oxford shirt has a basket-weave pattern that combines two yarns woven lengthwise against a heavier yarn crosswise</li> <li>• Must have a button-down collar</li> <li>• No logos or embroidery</li> <li>• White only, no cream or off-white</li> <li>• Must be a heavily weighted fabric that is opaque</li> <li>• Should not be tight or form-fitting</li> </ul>  | <p>Special considerations will be determined, as needed, by the AHS Principals and the Uniform Committee members. Please submit your request via email.</p> <p>Kinder-6th grade to Charné Adams: cadams@ahsmail.com<br/>           7th-12th grade to Elizabeth Acuña: eacuna@ahsmail.com<br/>           or Blaine Hunsaker: bhunsaker@ahsmail.com</p>  |

# Shoes, Socks, Tights, Leggings, and Nylons

These items may be purchased through the vendor of your choice, but must abide by the standards stated below.

| Monday-Thursday Shoes /Dress Boots   | Monday-Thursday Socks, Tights, Leggings  |
|--|--|
| <p>Athletic, casual styled shoes, or flat or low heeled (less than one inch) ankle height boots must be:</p> <ul style="list-style-type: none"> <li>• Secure fitting</li> <li>• Conservative in style and appearance</li> <li>• Flat or low-heeled (less than one inch)</li> <li>• Color and laces must be black, navy, brown, gray, or white</li> <li>• Conservative accents of any color are acceptable</li> <li>• NO rollers, heelies (with or without rollers), lights, characters, slippers, moccasins, moccasin styles, open toes, open heels, bold or distracting designs (including plaid, checkered, polka-dot, floral, heavily striped), etc.</li> <li>• Laces must be worn in shoes intended to have laces</li> <li>• Girls in grades 7-12 may wear a solid black or brown dress boot below the knee. Dress boots should be conservative in style and appearance and be flat or lowheeled (less than one inch).</li> <li>• Snow Boots or athletic cleats should not be worn in the building, but are acceptable outside the building</li> <li>• 9-12 Boys may wear khaki shoes</li> </ul> | <p>Socks (boys and girls):</p> <ul style="list-style-type: none"> <li>• Must be worn at all times</li> <li>• Solid black, navy, gray, or white</li> <li>• NO stripes or patterns of any kind</li> <li>• Knee socks acceptable for girls (plain or cable knit)</li> </ul> <p>Socks (boys, Grades 9-12):</p> <ul style="list-style-type: none"> <li>• May also wear khaki and dark brown socks, Monday-Thursday</li> </ul> <p>Leggings/footless tights (girls, Grades K-12):</p> <ul style="list-style-type: none"> <li>• Must be snug fitting and cover the ankle</li> <li>• K-6 may wear solid black, white, gray or navy. 7-12 many only wear solid black or navy leggings/footless tights</li> <li>• Cable or opaque permitted</li> <li>• Well-maintained, no holes or staining</li> <li>• Leggings may replace the daily required shorts</li> <li>• NO stripes or patterns of any kind</li> </ul> |
| Friday Dress Shoes   | Friday Dress Socks   |
| <p>Casual or Dress styles must be:</p> <ul style="list-style-type: none"> <li>• Closed-toe, solid, dark shoes with conservative black or brown sole</li> <li>• Black, navy, or brown</li> <li>• Laces must be the same color as the body of the shoe (ie-black shoe, black laces.)</li> <li>• No accents or additional colors</li> <li>• Conservative in style and appearance</li> <li>• Flat or low-heeled (less than one inch)</li> <li>• No boots for boys.</li> <li>• Dess boots for girls in grades 7-12 will only be permitted on Fridays when winter eather advisories are in effect. (see standard in the section above)</li> </ul>  | <p>Boys K-12</p> <ul style="list-style-type: none"> <li>• Solid black or navy socks (must rise at least three inches above the ankle)</li> </ul> <p>Boys 9-12</p> <ul style="list-style-type: none"> <li>• Solid black, navy, dark brown or khaki socks (must rise at least three inches above the ankle)</li> </ul> <p>Girls K-6</p> <ul style="list-style-type: none"> <li>• Black or navy tights (cable or opaque)</li> <li>• Girls knee socks, black or navy, (plain or cable knit)</li> </ul> <p>Girls 7-8</p> <ul style="list-style-type: none"> <li>• Navy and black tights (opaque only, no cable knit)</li> </ul> <p>Girls 9-12</p> <ul style="list-style-type: none"> <li>• Navy or black tights (opaque only, no cable knit)</li> <li>• Socks or footlets must still be worn</li> </ul>   |
| Special Event Dress Shoes (Picture day, ALL concerts, & devotionals)   | Special Event Dress Socks (Picture day, ALL concerts, & devotionals)   |
| <p>Dress shoe styles must be:</p> <ul style="list-style-type: none"> <li>• Formal DRESS shoes (no athletic shoes)</li> <li>• Solid, dark shoes with conservative black or brown sole</li> <li>• Black, navy, or brown</li> <li>• Laces must be the same color as the body of the shoe (ie-black shoe, black laces.)</li> <li>• No accents or additional colors</li> <li>• No contrasting stitching</li> <li>• Conservative in style and appearance</li> <li>• Flat or low-heeled (less than one inch)</li> <li>• No boots</li> </ul>   | <p>Boys K-12</p> <ul style="list-style-type: none"> <li>• Solid black or navy socks</li> <li>• Must rise at least 3" above the ankle</li> </ul> <p>Boys 9-12</p> <ul style="list-style-type: none"> <li>• Solid black, navy, dark brown or khaki socks</li> </ul> <p>Girls K-6</p> <ul style="list-style-type: none"> <li>• Black or navy tights (cable or opaque)</li> </ul> <p>Girls 7-8</p> <ul style="list-style-type: none"> <li>• Black tights (opaque only, no cable knit)</li> </ul> <p>Girls 9-12</p> <ul style="list-style-type: none"> <li>• Tan or skin-toned nylons</li> </ul>  |
| P.E. Shoes   | Outdoor Shoes  |
| <ul style="list-style-type: none"> <li>• Secure fitting with non-marking soles</li> <li>• Appropriate and comfortable for athletic activities</li> <li>• Suitable for both indoor and outdoor use</li> <li>• All colors are acceptable</li> </ul>  | <ul style="list-style-type: none"> <li>• Athletic cleats/Snow boots of any kind are not allowed in the building but may be changed into for outdoor use</li> </ul>   |

# Uniform Shopping List, Grades K-6

## Girls

### To be purchased from Dennis Uniform Company:

- Macbeth Plaid Box Pleated Shift (must touch the kneecap)
- Long-sleeved white Peter Pan collar blouse
- Macbeth Plaid Longer Length Skort (must touch the kneecap)
- Short-sleeved polo shirts (red or white)
- Macbeth Plaid Knife Pleated Jumper (if desired)
- Navy cardigan, pullover or fleece vest (for warmth in the classroom, if desired)
- Navy sweater vest (5th and 6th grades only)

### May be purchased from vendors OTHER than Dennis Uniform Company

**Must wear on Friday:** One pair closed-toe flat or low-heeled (less than 1") black, navy or brown dress shoe with matching sole.

**Monday-Thursday:** One pair closed-toe secure-fitting, conservative shoes. Base color is black, dark brown, navy, white or gray. Subtle accents are permitted.

**Athletic Shoes for P.E. only:** One pair secure-fitting, conservative athletic shoes for indoor and outdoor use. All colors are acceptable.

Black or navy snug-fitting shorts (to be worn daily beneath the uniform; may not extend below the hem of the uniform)

Black, navy, gray, or white knee socks and/or waist-high tights.

**Must wear on Friday:** Black or navy tights or knee socks



## Boys

### To be purchased from Dennis Uniform Company:

- Navy pants (can also be purchased at LandsEnd)
- One navy tie
- Short-sleeved polo shirts (red or white)
- Navy cardigan, pullover or fleece vest (for warmth in the classroom, if desired)

### May be purchased from vendors OTHER than Dennis Uniform Company:

**Long-sleeved white oxford shirt** (Dennis or Lands' End)

**Must wear on Friday:** One pair closed-toe flat or low-heeled (less than 1") black, navy or dark brown dress shoe with matching sole.

**Monday-Thursday:** One pair closed-toe secure-fitting, conservative shoes. Base color is black, dark brown, navy, white or gray. Subtle accents are permitted.

**Athletic Shoes for P.E. only:** One pair secure-fitting, conservative athletic shoes for indoor and outdoor use. All colors are acceptable.

Black, navy, gray, or white socks.

**Must wear on Friday:** Black or navy socks.

# Uniform Shopping List, Grades 7–8

## Girls

### To be purchased from Dennis Uniform Company:

- Light Navy Box Pleated Skirt (must touch kneecap)
- Navy sweater vest
- Red crossover tie
- Macbeth Plaid Box Pleated Skirt (must touch kneecap)
- Short-sleeved polo shirts (red or white)
- Navy cardigan, pullover or fleece vest (for warmth in the classroom, if desired)

### If enrolled in P.E.:

- Gray short-sleeved P.E. shirts with AHS logo or approved AHS shirts.
- Navy shorts or AHS athletic shorts and/or sweatpants (recommended for outdoor P.E. activities during cold weather)

### May be purchased from vendors OTHER than Dennis Uniform Company:

**Must wear on Friday:** One pair closed-toe flat or low-heeled (less than 1") black, navy or brown dress shoe with matching sole.

**Monday-Thursday:** One pair closed-toe secure-fitting, conservative shoes. Base color is black, brown, navy, white or gray. Subtle accents are permitted. Girls may also wear a solid black or brown dress boot below the knee. Dress boots should be conservative in style and appearance and be flat or lowheeled (less than one inch).

**Athletic Shoes for P.E. only:** One pair secure-fitting, conservative athletic shoes for indoor and outdoor use. All colors are acceptable.

Black or navy snug-fitting shorts (to be worn daily beneath the uniform; may not extend below the hem of the skirt)

Black, navy, gray or white knee socks or mid-length socks

**Long-sleeved white oxford shirt** (approved brands: Dennis or Lands' End)

**Must wear on Friday:** Waist-high opaque unpatterned navy tights

## Boys

### To be purchased from Dennis Uniform Company or pants from Lands' End (as indicated):

- Navy Blue Pants
- Classic Navy Plain Front or Pleat Front Iron Knee Blend Chino Pants (Lands' End)
- Red tie
- Short-sleeved polo shirts (red or white)
- Navy cardigan, pullover or fleece vest (for warmth in the classroom, if desired)

### If enrolled in P.E.:

- White short-sleeved P.E. shirts with AHS logo or approved AHS shirts.
- Navy shorts or AHS athletic shorts and/or sweatpants (recommended for outdoor P.E. activities during cold weather)

### May be purchased from vendors OTHER than Dennis Uniform Company:

**Must wear on Friday:** One pair closed-toe flat or low-heeled (less than 1") black, navy or brown dress shoe with matching sole.

**Monday-Thursday:** One pair closed-toe secure-fitting, conservative shoes. Base color is black, dark brown, navy, white or gray. Subtle accents are permitted.

**Athletic Shoes for P.E. only:** One pair secure-fitting, conservative athletic shoes for indoor and outdoor use. All colors are acceptable.

Black, navy, gray or white socks.

**Long-sleeved white oxford shirt** (approved brands: Dennis or Lands' End)

**Must wear on Friday:** Black or navy socks



# Uniform Shopping List, Grades 9–12

## Girls

### To be purchased from Dennis Uniform Company or skirt from Lands' End (as indicated):

Dennis Khaki Box Pleated Skirt (must touch kneecap)  
Khaki Box Pleat Skirt or Solid A-line Skirt (must touch kneecap) (Land's End)  
Navy blazer  
Albury crossover tie  
Navy, khaki, Macbeth plaid Box Pleated Skirt (must touch kneecap)  
Short-sleeved polo shirts - red, white, navy, green  
Navy cardigan, pullover or fleece vest (for warmth in the classroom, if desired)

### If enrolled in P.E.:

AHS Spirit Apparel or approved shirts from various AHS teams, associations or activities.  
Navy shorts or AHS athletic shorts and/or sweatpants (recommended for outdoor P.E. activities during cold weather)

### May be purchased from vendors OTHER than Dennis Uniform Company:

**Must wear on Friday:** One pair closed-toe flat or low-heeled (less than 1") black, navy or brown dress shoe with matching sole.

White oxford with button down collar\* (pinpoint or plain weave, no logo - Dennis and Lands' End brands only)

**Monday-Thursday:** One pair closed-toe secure-fitting, conservative shoes. Base color is black, brown, navy, white or gray. Subtle accents are permitted. Girls may also wear a solid black or brown dress boot below the knee. Dress boots should be conservative in style and appearance and be flat or lowheeled (less than one inch).

**Athletic Shoes for P.E. only:** One pair secure-fitting, conservative athletic shoes for indoor and outdoor use.

All colors are acceptable.

Black or navy snug-fitting shorts (to be worn daily beneath the uniform; may not extend below the hem of the skirt)

Black, white, gray or navy knee socks

**Must wear on Special Event Days:** Tan or skin-toned nylons.

## Boys

### To be purchased from Dennis Uniform Company or pants from Lands' End (as indicated):

Navy Blue or Khaki pants  
Classic Navy or Khaki Plain Front or Pleat Front Iron or Knee Blend Chino Pants (Lands' End)  
Navy blazer  
Albury tie  
Navy or khaki pants  
Short-sleeved polo shirts - red, white, navy, green  
Navy cardigan, pullover or fleece vest (for warmth in the classroom, if desired)

### If enrolled in P.E.:

AHS Spirit Apparel or approved shirts from various AHS teams, associations or activities.

Navy shorts or AHS athletic shorts and/or sweatpants (recommended for outdoor P.E. activities during cold weather)

### May be purchased from vendors OTHER than Dennis Uniform Company:

**Must wear on Friday:** One pair of closed toe flat or low-heeled (less than 1") black, navy or brown dress shoe with matching sole.

White oxford shirt with button down collar\* (pinpoint or plain weave - no logo Dennis or Lands' End brands only)

**Monday-Thursday:** One pair closed-toe secure-fitting, conservative shoes. Black, dark brown, navy, white or gray. Subtle accents are permitted.

**Athletic Shoes for P.E. only:** One pair secure-fitting, conservative athletic shoes for indoor and outdoor use.

All colors are acceptable.

Black, navy, khaki, gray or white socks

**Must wear on Friday:** Black, khaki, or brown socks.

