



## American Heritage School Athletics Commitment Letter

The purpose of AHS athletic programs is to build student character, discipline, and physical ability with opportunities to exhibit good sportsmanship, skills, leadership, and teamwork. The goals are **Sportsmanship**, **Excellence**, and **Involvement**. To accomplish these objectives there must be a strong commitment between coaches, student athletes, and parents.

### **Coach Commitment:**

I promise to provide quality training, instruction, guidance, and encouragement to all athletes in a manner that is fair, safe, and Christlike. I will teach athletes the rules of the sport. I will teach and exercise the skills required to win. I will clearly communicate expectations. I will insist that students stretch their talents and abilities, adhere to team rules, schedules, and sportsmanship behaviors. I promise to display the highest standard of integrity, goodwill, and fairness. I will praise athletes and team when they improve and accomplish. I will lovingly chastise and correct when errors are made. I will be an ambassador for AHS values at all times.

### **Athlete Commitment:**

I promise to give my best effort at all practices and games. I promise to obey the rules and comply with all coach and referee instructions. I will not complain. I will attend and be on time to all practices unless arrangements have been made with the coach beforehand. I acknowledge that I may be cut from the team through try-outs or failure to give my best efforts. I will give full support to all coach decisions on position assignments, game plans, team rules, and practice routines. I will maintain academic requirements. I promise to exhibit the best sportsmanship behaviors in word, deed, and emotion to myself, my team, coaches, parents, game officials, and opponents. I will be an ambassador for AHS values at all times. I will encourage and cheer on teammates and assist them with improving their skills.

Signed: \_\_\_\_\_

### **Parent:**

I promise to support my student athlete, their team, and coaches. I will encourage my child to strive for excellence. I will ensure my child can attend practices, games, and team meetings. I will support the coach's decisions on position assignments, game plans, and other instructions. I promise to discuss concerns with the coach in a cordial, Christlike manner. I will offer my assistance to coaches for team needs. I will attend games whenever possible and show good sportsmanship in my cheering regardless of the game's outcome. I will never belittle or berate opponents, game officials, coaches, or players. I will help my child learn to appreciate the experience of trying their best whether win or lose.

Signed: \_\_\_\_\_