



January 19, 2017

All Parents and Students
American Heritage School

American Heritage School Programs & Offerings 2017–18

Dear Parents and Students,

Since 1970, with an enrollment of 85 students, American Heritage School has grown and flourished to become a robust K–12 private school serving approximately 1,000 students on campus and approximately 15,000 students participating in homeschools in all 50 states and over 60 countries. As exciting as our physical growth is, our hope for the future depends more than ever upon touching individual hearts with the light of Christ and His teachings. We offer a truly unique and powerful education experience—one that draws upon Restored Gospel principles to develop a spirit of faith and Christian character in the hearts and minds of each child, one by one. We have grown carefully over the years, intensely focused on our mission, and open to feedback from all stakeholders, including parents, teachers, students, and board members. As a dually accredited member of regional and national accreditation associations, we also continue to network with and learn from other outstanding private and public schools throughout the country.

Each year we make significant improvements, and we are pleased to share with you here the highlights of our various programs and offerings, as well as a few changes that you can expect in the upcoming 2017–18 school year.

Elementary School Program (Grades K–6)

Elementary Philosophy & General Principles. The elementary program at American Heritage School acknowledges that “children are an heritage of the Lord” (Psalms 127:3). Our greatest responsibility as teachers is to help children feel safe and loved so that they can clearly understand and magnify their divine identity and purpose. Teachers are trained in a principle-based approach that encourages moral reasoning combined with free and open inquiry. This approach motivates learning, exploration, creativity, and play in an atmosphere of faithful and inspiring discovery.

Elementary Homeroom and Specialty Subjects. Kindergarten options include full- or half-day programs. Grades 1–6 are all full-day programs that include five homeroom subjects of English, Math, History, Literature, and Geography, which are taught by the homeroom teacher, as well as five specialty subjects of Science, Art, Music/Choir, and Physical Education, and Library/Keyboarding which are taught by specialized teachers in rooms devoted to those disciplines.

Elementary Extracurricular Activities. Elementary extracurricular orchestra and choir (beginning and intermediate) are offered conditional upon successful audition. Elementary students are also welcome to participate in after-school chess group, Lego Robotics, and a weekly Patriot Book Group. After-school athletics are offered beginning in grade 7.

Elementary Language Arts. English language (reading, writing, spelling) is taught K–3 through the Spalding program, which takes a multi-sensory approach to teaching language (“see it, hear it, say it, write it”). Spalding combines both phonetic and whole-reading strategies. Orthography (cursive) is emphasized beginning in grade 2, and grammar and etymology are emphasized as part of a comprehensive writing and composition program in upper elementary school (grades 3–6). Foreign language instruction is offered beginning in Eighth Grade; however, the school offers discounted Rosetta Stone licenses to all families enrolled at the school, and many AHS families take foreign language via independent study in elementary school.

Elementary Math & Science. Math and science are given significant emphasis at the school at all grade levels. Saxon Math, a traditional math-fact-based approach, is used in grades K–12. By grade 5, students master multiplication tables (through 12x12) and have a firm foundation in basic mathematical operations of multiplication, division, addition, and subtraction. Science includes a comprehensive scope and sequence beginning in Kindergarten that includes introductions to and increasingly advanced units in Earth Science, Zoology, Astronomy, Botany, Geology, Anatomy/Physiology, Cytology, Ornithology, Oceanography, Meteorology, Chemistry, Physics, and Robotics. Extracurricular competitive math and science bowls/fairs, as well as afterschool Lego Robotics are offered for those students who are interested.

Elementary Calendar & Daily Schedule. The daily schedule for K–6 classes begins at 8:30 a.m. and concludes at 3:10 p.m., which represents a start-time 20 minutes later than grades 7–12 and an end-time the same as grades 7–12. The recreation hall is often open in the mornings for elementary students who are awaiting the morning bell and would like to start their day with physical activity. As is currently the practice in most classrooms, beginning at 8:15 a.m., teachers in grades K–6 also provide supplemental enrichment activities for students who arrive early and are awaiting the 8:30 a.m. bell. As always, if families have special circumstances pertaining to arrival or dismissal, we will be as flexible as possible to accommodate those schedules.

New in Elementary School This Year. In 2016–17 our elementary school introduced longer lunch times (35 minutes) to allow more time for eating and physical exercise/play. We also increased the frequency of recess periods to three per grade level (not including P.E.; making four periods of physical activity on days with P.E.). Elementary school introduced an Elementary Student Government Program for grades 5 and 6, which is separate from but prepares students for participation in the Student Government Association in middle and high school. The Elementary Student Government Program teaches important principles of representative government through all-student meetings and student activity planning. Students learn to have a voice through making program proposals, and they also take a visible leadership role by encouraging and inspiring classmates to keep important commitments in the AHS Honor Code, including standards relating to kindness, respect, and the school uniform.

Middle & High School Program (Grades 7–12)

Middle & High School Philosophy & General Principles. Adding to the foundation that was laid in elementary school, the middle and high school program at American Heritage School acknowledges that adolescent years are a critical development phase during which students are discovering the power that they have to be “agents unto themselves” (D&C 58:28). We acknowledge the growing importance of choice and accountability, and recognize that two of the most important reasons that students attend school are to have positive social interactions (friends), and a feeling of success and preparation for post-secondary life (missions, college, family, career, etc.). With these principles in mind, we like to say that American Heritage

School is not just a “college prep school”—though we care deeply about preparing students for a successful college experience—rather, we are a “mission preparation school.” Our job is to help students magnify their missions in life with whatever gifts they have been given. Our hope for each high school graduate depends more than ever upon touching individual hearts with the light of Christ and His teachings, as well as equipping each graduate with the skills and expertise to deliver that light in the ever-changing world into which they will embark.

Middle School and High School Homeroom and Specialized Instruction. All students in grades 7–12 have the benefits of a combined homeroom and specialized instruction model that includes both an integrated homeroom class taught by a single instructor as well as specialized instruction in math, science, fine arts, foreign languages, and electives. Homeroom instructors integrate the subjects of Language Arts, Literature, and History/Geography (in high school, the subjects of Language Arts and Literature are offered as one combined course referred to as “English” for transcript purposes). As in previous years, grades 7–8 also have devotional as a separate 30-minute daily subject taught by their homeroom instructor. Currently, we anticipate grade 7–12 course offerings and teacher assignments as set forth on the attached list entitled “Course Offerings 2017–18.”

High School Graduation Requirements. In order to graduate from American Heritage High School, 29 credits are required according to the attached “High School Graduation Requirements” list. The vast majority of students enrolling in our High School receive 7 to 8 credits per year for their coursework, depending upon their specific class schedule.

Mathematics. The math program is a strength at American Heritage and continues to be an area of particular focus in 2017–18. In a continuing effort to meet students at their various individual levels, we plan to continue our approach of relatively small math classes in our middle and high school math department. Saxon Math will continue to be used through AP Calculus (BC). We added AP Statistics and Accounting as additional electives during the 2016–17 school year, both of which fulfill math graduation requirements. In addition to weekly volunteer math labs available to all students, many AHS math teachers stay after school on a regular basis to help students who are in need of one-on-one math tutoring.

Science. Over the last several years, the School has made tremendous progress in increasing student achievement in science, scoring above national norms on standardized science assessments in middle and high school (Explore, PLAN, PSAT, and ACT exams). Recently, American Heritage has implemented various improvements to our science program, including extended periods and room renovations to better accommodate high school science labs. The school has also invested in mobile computer labs and mobile chemistry labs, which are frequently utilized at all levels of our science department, elementary through high school. We continue to add to our science equipment inventory, including Microsoft Surface Tablets for each middle and high school science and math teacher, sound resonance equipment, high-power microscopes, and electrophoresis laboratory equipment. We recently received a donation of a 3-D printer that we will begin using this year not only in our science classes but also in a student Design Lab (Maker Space) setting. We continue to leverage field-learning, experiential learning, and community project-based opportunities to provide students with science instruction and experience outside of the classroom, including continued participation in regional science fairs. This year we will be offering two new Experiential Learning courses in science: one a Zoology course and the other a Space Physics course where students will create their own rockets using the new 3-D printer. In addition to AP Biology and AP Chemistry, we offered an AP Physics class during our 2016–17 school year, and we will continue to offer all three during the 2017–18 school year. We are also excited to announce that we will be increasing our high school science faculty next year to include an additional full time science teacher. This will allow three

high school teachers to each focus on their specialty areas of Biology, Chemistry, and Physics. Additionally, it will allow us to offer additional science courses such as Robotics, Medical Anatomy, Physiology, and Earth Science.

On-Campus Curricular Electives. In the 2017–18 school year, we anticipate offering the following curricular electives, primarily for high school students (grades 9–12). These electives satisfy high school graduation requirements, including fine arts, foreign language, science, math, and physical education. Grades 7 and 8 will be included as possible and appropriate. See attached “Course Offerings 2017–18” for more details.

- A Cappella Choir
- Accounting
- ACT Preparation Class (no credit)
- American Sign Language (I, II, III)
- AP Biology
- AP Calculus AB
- AP Calculus BC
- AP Chemistry
- AP English Language and Composition
- AP Music Theory and Aural Skills
- AP Physics I
- AP Statistics
- AP US Government
- Art (I, II, III-Portfolio, Explorations)
- Ballroom Dance (I, II, Competition, Performance)
- Business Fundamentals
- Chamber Choir
- Computer Programming
- Cooking
- Creative Writing
- Debate/Speech (including Debate Tournament and Speech Competitions)
- Drama (I, II)
- Earth Science
- Educational and Computer Technology
- Family Science
- Financial Literacy
- French (I, II, III)
- Health and Physical Conditioning
- History Seminar: New Nation
- History Seminar: New World
- Introduction to French, Spanish and ASL (8th Grade Only- no high school credit)
- Introduction to Statistics
- Intramural Sports (no credit)
- Keyboarding (7th Grade Only)
- Logic and Reasoning
- Math Study Hall (no credit)
- Medical Anatomy and Physiology
- Men’s Choir (7th grade only)

- Mixed Choir
- Mixed PE
- Physical Conditioning
- Play Production (separate from Drama and Stagecraft)
- Principles of Leadership
- Public Speaking & Presentation (7th Grade Only)
- Robotics
- Seminary (9–12)
- Sewing
- Shakespeare Play Production (8th Grade Only)
- Spanish (I, II, III)
- Stagecraft and Event Tech
- Study Hall
- Teacher Mentor (Internship with AHS teachers)
- Video Production and Editing
- Web Design
- Women's Choir (7th grade only)
- Yearbook and Photography
- Yoga (8–12, women only)

High school students desiring to take many of the above-listed electives AND complete the seminary program may elect to take early-morning seminary one or more years in high school.

Advanced Placement Courses. American Heritage School has a very strong average AP pass rate of over 80% of students scoring a three or higher on the AP exams that they take. For high school students in 2017–18, we are pleased to offer the following AP-certified electives: AP English Language and Composition, AP Calculus (AB & BC), AP Biology, AP Chemistry, AP Music Theory, AP Physics I, AP Statistics, and AP US Government. Students may also register to take AP exams whether the school offers the AP course or not. AP credit may be received by successfully passing an AP exam regardless of whether an AP course, text, or curriculum was actually taken or provided. In connection with American Heritage School's AP program, we provide subject-specific mentors, college advisement services, information pertaining to AP test dates, in-house AP exam location (all AP exams can be administered at the school), preparation opportunities, and we also make available to students AP study guides and other preparation materials for library checkout.

Experiential Learning Week. American Heritage School's Experiential Learning Week serves as an intensive implementation of the 4R-ing methodology, with the purpose of bridging academic experiences and exploration of real world applications—all in harmony with American Heritage School's mission statement. Experiential Learning Week, held during the second semester, is a one-week course of study devoted to a single subject selected by the student. For the March 2017 Experiential Learning Week, we are pleased to offer courses in Zoology; Space Physics; Visual Arts; Interior Design; Physical Fitness; Anthropology; College, Career and Life Readiness; Race Relations; Entrepreneurship and Service; Bookmaking, Digital Media, Photography, and Pastry Cooking. During Experiential Learning Week, regular classes in grades 9–12 are suspended and replaced with project-based, real-world learning experiences in academic fields of interest to AHS students under the mentorship of qualified AHS instructors, guest presenters, and practitioners. Courses include field learning, laboratory study, and guest presenters. High school students receive a letter grade and .25 credit hours which are required towards graduation for each year of Experiential Learning Week participation.

ACT Test Prep Classes. American Heritage School continues to offer free ACT preparation classes on Fridays when regular school is not being held throughout the school year. Additionally, we will offer an ACT Test prep camp in June at the completion of the school year. As during the present school year, in the 2017-18 school year we will provide eleven ACT prep classes. These classes are taught by Mrs. Ann Meeks, an AHS parent who has extensive experience teaching ACT preparation course throughout the western United States. All students take a diagnostic practice ACT, which is graded personally by Mrs. Meeks. She then provides individualized comments to each student including recommendations and test-taking strategies to improve their ACT score. These skills are subsequently taught in free, monthly ACT prep classes focused on the different components of the ACT exam.

Seminary. The LDS Church Seminary and Institute Program offers release-time sections of seminary at American Heritage School throughout the day, including an early morning section of seminary from 7:10 a.m. to 8:00 a.m. Given AHS's mission of educating students in the light of the Restored Gospel, Seminary is strongly encouraged for all AHS high school students, including those who are not members of the LDS Church; however, seminary is not required for graduation. Students opting not to take seminary should speak with AHS administration.

Extracurricular Programs. AHS athletics are offered for grades 7–12 and include extracurricular basketball, soccer, volleyball, golf, and cross-country for both boys and girls, junior-varsity and varsity levels, all of which satisfy Physical Education graduation requirements. Extracurricular drama and musical productions, as well as extracurricular orchestra and choir (beginning, intermediate, and advanced) are offered conditional upon successful audition. Students are also welcome to participate in the School Service Association (IUWE), National Honor Society (based upon meeting academic requirements), Chess Group, Vinyasa Yoga, and Lego Robotics (middle school only). Participant fees for each activity vary, including some that are free.

Student Government. Middle and High School Student Government operates with class officers in grades 7–12. Student Government officers in high school (grades 9–12) receive .5 credits each year for participating in the program, and operate with their own budget. Student Government officers will continue to have direct access to administration through weekly Student Government meetings that include Mr. Beckwith, Mrs. Acuña, Mr. Rowe, Mrs. Wood, and other AHS administrators.

Calendar and Daily Schedule. The 7–12 school day begins at 8:10 a.m. and ends at 3:10 p.m., not including early morning seminary and extracurricular programs. By way of comparison, the total in-class hours for middle and high school are just slightly less than the total in-class hours of the Alpine School District middle and high school calendars, even though the number of school days at AHS continues to be less (21 days less: we start the school year later in August, end sooner in May, and take a full week's break at Thanksgiving and Easter and a full two weeks break at Christmas). We nearly equal the in-class hours of the Alpine School District through avoiding a number of part-day schedules that are commonly used in the public system and through having slightly longer school days.

Technology Initiative. Recognizing the vital role of technology in education, we will continue to provide the option for high school students (grades 9–12) to use personal laptops at school for note taking, research, and writing purposes related to school curriculum. Effective in the 2017–18 school year, we are expanding that initiative to include middle school (grades 7–8) on a limited basis at the discretion of the teacher for specific assignments that may be facilitated by the school's mobile computer lab and personal laptops.

Accreditation. American Heritage School is accredited through AdvancED (same accreditation association that accredits the public school regionally) and is listed on the Utah State Office of Education's register of accredited Utah schools. American Heritage School is also a fully accredited member of the Northwest Association of Independent Schools (NWAIS). For information related to AdvancED and NWAIS, please see their websites listed below. As important as accreditation is, please note that most college admissions offices are far less concerned about accreditation than they are about the capability of the individual student, as measured by the student's academic performance, the array of classes taken, and standardized test scores of the student.

Standardized Testing. American Heritage School prepares students to succeed on standardized exams while at the same time avoiding an over-fixation with high-stakes exams that has in many other schools compromised substantive education and distracted schools from more inspiring curriculum and mission-centered learning. We also provide free extracurricular exam preparation seminars (held on most K–12 In-service Fridays) that help students to prepare for ACT and SAT exams. We administer selections of ACT and SAT preparation exams to our students in grades 10–12. We administer standardized tests as necessary and appropriate to provide parents, teachers, and college admissions offices with the benefit of comparable and credible performance data for each of our students. Based upon our research, and consistent with the trends of various other private schools in Utah, we will continue to administer the PSAT/NMSQT to 10th and 11th Grade students, the ACT PLAN exam to 9th Grade students, the ACT EXPLORE and STAR exams to 8th Grade students, and the STAR exam to 7th grade students. The STAR Reading exam is also given to students in grades 9–11. ACT EXPLORE, ACT PLAN and PSAT/NMSQT exams have value not only as norm-referenced national standardized exams, but also as preparatory exams for the ACT and SAT, which are accepted by all universities in the nation. In elementary school, we administer STAR Reading, STAR Math, and STAR Early Literacy with a limited sequence and frequency sufficient to aid teachers and parents in assessing progress. For more information on standardized testing at AHS, see: http://american-heritage.org/Content/Docs/Curriculum/Standardized_Assessment_FAQ.pdf

Home & Distance Education. American Heritage Home and Distance Education courses are available to students enrolled on campus, and provide significant flexibility and additional elective options for students with varying interests. They also provide opportunities for credit advancement and credit recovery. For more information about which courses are available please visit our website.

College Preparation and Admission. Our high school program is producing outstanding students that are being sought after by some of the finest colleges in the country. The six graduating senior classes since 2011, comprising 172 students, have a graduation rate of well over 95%, with average ACT scores exceeding 25, including multiple National Merit qualifiers and recipients. Universities and colleges that have admitted American Heritage School graduates, many on scholarship, include:

Brigham Young University (all campuses)
Dixie State College
Edmonds College
Florida Institute of Technology
George Wythe College
Indiana University
Institute of Chicago School of Art
LDS Business College
McGill University (Quebec)
New York University
Purdue University

Snow College
Southern Virginia University
University of British Columbia
University of California at Los Angeles
University of California at Santa Barbara
University of Michigan
University of Utah
University of Washington
Utah State University
Utah Valley University
Weber State University

Of the 172 AHS graduates since our charter class in 2011, nearly 100% have gone directly to college or on a mission. Obviously, we cannot guarantee that a student graduating from American Heritage High School will be accepted to any school of his/her choice; however, we are confident that our students will be well qualified for great colleges and universities—and that if they will diligently apply themselves not only to their coursework here, but also to the spirit and mission of American Heritage School, they will prove to be some of the most successful college students, community members, husbands and wives, and fathers and mothers in their national graduating class. American Heritage School provides advancement, high school credit, and college entrance counseling for all high school students. Administration conducts interviews with each high school student (and their parents when possible) at least once each year.

We continue to be truly astounded by the character, spirit, and performance of our middle and high school students. American Heritage is a school with a providential mission to “educate hearts and minds for latter-day families.” We appreciate the support and enthusiasm of so many in our school community who have provided (and continue to provide) input, ideas, people, and resources to help make this endeavor an overwhelming success, and to further bless the lives of the rising generation!

Sincerely,



Grant Beckwith
Principal



SCHOOL & FAMILY EDUCATION CENTER

High School Graduation Requirements

Subject Area	Credits	Notes
English	4.0	One class each semester
Mathematics	3.0	Minimum of 6 semesters of math in high school. Students must complete through Saxon Algebra 2 (or equivalent).
Science	3.0	1.0 Biology 1.0 Chemistry 1.0 Physics 1.0 Earth Science 1.0 Medical Anatomy and Physiology
History/Geography	4.0	2.0 World History 1.0 American History 1.0 American Government and Economics/AP US Government
Fine Arts	2.0	Select from the following choices: Choir, Orchestra, Drama, Debate/Speech, Art, Dance, Photography, Yearbook, Cooking, Sewing, Creative Writing, Stagecraft, Video Production, AP Music Theory
Foreign Language	2.0	Choose from Spanish, French, or American Sign Language
Educational and Computer Technology	0.5	Typically taken in 9 th Grade
Principles of Leadership	0.5	Typically taken in 9 th or 10 th Grade
Physical Education	2.0	Select from Ballroom Dance, Girls or Boys PE, Mixed PE, Conditioning, Women's Yoga, Health, or after-school athletics.
Financial Literacy	0.5	Typically taken in 11 th or 12 th Grade
Electives	4.5	Nine (9) semesters of student's choice (Seminary not included)
Written Portfolio I (.5) II (.5) III (.5)	1.5	Typically taken in 9 th , 10 th and 11 th grade
Senior. Thesis (.5)	0.5	Typically taken 12 th Grade
Experiential/Service Learning	1.0	(.25 credits required for each year enrolled in AHS High School)
Total Credits Required	29.0	1.0 credit=one year .50 credits=one semester

(Updated January 10, 2017)



AMERICAN HERITAGE

SCHOOL & FAMILY EDUCATION CENTER

Course Offerings 2017-18, Grades 7-12

Grade	Type	Subject	Teacher	Credit
7	Required	Homeroom (Devotional, Geography, History, Language Arts, and Literature)	Mr. Crossley/Mrs. Updike/Mr. Hymas	
7	Required	Math (8/7) or Math (Algebra I/2) or Math (Algebra I)	Miss. Heiner, Mrs. Long, Mr. Meade, Miss Moore, or Mr. Wood	
7	Required	Men's/Women's Choir	Mr. Swenson	
7	Required	Physical Education (Boys/Girls)	Mrs. Bigelow	
7	Required	Science	Mrs. Newman	
7	Elective	American Heritage Youth Chorus (Extracurricular)	Mr. Swenson/Mrs. Hancock	
7	Elective	Art	Mrs. Culver	
7	Elective	Boys Basketball (Extracurricular)	Staff	
7	Elective	Co-ed Soccer (Extracurricular)	Coach Purles	
7	Elective	Co-ed Cross-Country (Extracurricular)	Coach Allred	
7	Elective	Girls Basketball (Extracurricular)	Coach Olpin	
7	Elective	Keyboarding	Mrs. Burr	
7	Elective	Orchestra (Extracurricular)	Mrs. Willey/Mrs. Riley/Mrs. Lundburg	
7	Elective	Public Speaking and Presentation	Mrs. Perry	
7	Elective	Student Government (Extracurricular)	Mrs. Newman	
8	Required	Homeroom (Devotional, Geography, History, Language Arts, and Literature)	Mrs. Yamada/Mr. Griffith/Staff	
8	Required	Drama	Mrs. Perry	
8	Required	Math (8/7) Math (Pre-Algebra) or Math (Algebra I)	Miss. Heiner, Mrs. Long, Mr. Meade, Miss Moore, or Mr. Wood	
8	Required	Science	Mrs. Newman	
8	Elective	Introduction to American Sign Language	Mrs. Harris	
8	Elective	Art	Mrs. Culver	
8	Elective	Ballroom Dance I (Beginning)	Mrs. McOmber	
8	Elective	Introduction to French	Mrs. Andrus	
8	Elective	Mixed Choir	Mr. Swenson	
8	Elective	Physical Education (Boys/Girls)	Mrs. Bigelow	

8	Elective	Shakespeare: His Life, Plays and Times	Mrs. Yamada/Mr. Griffith	
8	Elective	Shakespeare Play	Mrs. Perry	
8	Elective	Introduction to Spanish	Mr. Makin	
8	Elective	Stagecraft & Event Tech	Staff	
8	Elective	Women's Yoga	Mrs. Girones	
8	Elective	American Heritage Youth Chorus (Extracurricular)	Mr. Swenson	
8	Elective	Boys Basketball (Extracurricular)	Staff	
8	Elective	Co-ed Cross-Country (Extracurricular)	Coach Allred	
8	Elective	Co-ed Soccer (Extracurricular)	Coach Purles	
8	Elective	Girls Basketball (Extracurricular)	Coach Olpin	
8	Elective	Orchestra (Extracurricular)	Mrs. Willey Mrs. Riley/Mrs. Lundburg	
8	Elective	Student Government (Extracurricular)	Mrs. Newman	
9	Required	Biology	Mr. Adams	1.0
9	Required	Homeroom (English 9, Ancient World History/ Geography, Written Portfolio I)	Mr. Hancock/Mrs. Hilmo	2.5
9	Required	Educational and Computer Technology	Staff	0.5
9	Required	Math (Algebra 1/2) or Math (Algebra I) or Math (Algebra II)	Miss. Heiner, Mrs. Long, Mr. Meade, Miss Moore, or Mr. Wood	1.0 1.0
9	Required	Principles of Leadership	Mr. Beckwith	0.5
9	Elective	ACT Preparation Class	Mrs. Meeks	NC
9	Elective	American Sign Language I	Mrs. Harris	1.0
9	Elective	Art I	Mrs. Culver	0.5
9	Elective	Ballroom Dance I (Beginning)	Mrs. McOmber	0.5
9	Elective	Business Fundamentals	Mr. Hale	0.5/1.0
9	Elective	Computer Programing and Web Page Design	Staff	0.5
9	Elective	Conditioning	Mr. Rowe	0.5
9	Elective	Cooking	Miss Moore	0.5
9	Elective	Debate /Speech	Mr. Haymond	1.0
9	Elective	Drama I	Mrs. Perry	0.5
9	Elective	Earth Science	Staff	1.0
9	Elective	French I	Mrs. Andrus	1.0
9	Elective	Health and Physical Conditioning (Boys/Girls)	Mrs. Bigelow	1.0
9	Elective	History Seminar: New Nation	Mr. Cornell	1.0
9	Elective	History Seminar: New World	Mr. Cornell	1.0
9	Elective	Intramural Sports	Mrs. Bigelow/Mrs. Patch	NC

9	Elective	Logic and Reasoning	Mr. Hancock	0.5
9	Elective	Math Lab	Math Faculty	NC
9	Elective	Mixed Choir	Mr. Swenson	0.5/1.0
9	Elective	Physical Conditioning	Mr. Rowe	0.5/1.0
9	Elective	Play Production (nonmusical-audition only)	Mrs. Perry	0.5
9	Elective	Seminary (Daytime)	Staff	
9	Elective	Seminary (Early Morning)	Staff	
9	Elective	Spanish I (Beginning)	Mr. Makin	1.0
9	Elective	Stagecraft & Event Tech	Staff	0.5/1.0
9	Elective	Yearbook/Photography	Mr. Allred/Mrs. Beckham/Mr. Branch	1.0
9	Elective	Yoga (Womens)	Mrs. Girones	0.5/1.0
9	Elective	American Heritage Youth Chorus (Extracurricular)	Mr. Swenson	0.5
9	Elective	Boys Basketball (Extracurricular)	Coach Norton/Coach Holmes	0.5
9	Elective	Boys Cross-Country (Extracurricular)	Coach Allred	0.25
9	Elective	Boys Soccer (Extracurricular)	Staff	0.25
9	Elective	Boys Volleyball (Extracurricular)	Coach Biggs	0.25
9	Elective	Co-ed Golf (Extracurricular)	Coach Garvin	TBD
9	Elective	Girls Basketball (Extracurricular)	Coach Olpin	0.5
9	Elective	Girls Cross-Country (Extracurricular)	Coach Allred	0.25
9	Elective	Girls Soccer (Extracurricular)	Staff	0.25
9	Elective	Girls Volleyball (Extracurricular)	Coach Savage	0.25
9	Elective	Musical (Extracurricular) <i>Fiddler on the Roof</i>	Mrs. Perry/Mr. Swenson	0.5
9	Elective	National Honor Society (Extracurricular)	Mrs. Wood	NC
9	Elective	Orchestra (Extracurricular)	Mr. Brown/Mrs. Willey/Mrs. Riley	0.5
9	Elective	Physical Conditioning	Mr. Rowe	1.0
9	Elective	Robotics	Staff	1.0
9	Elective	Service Association (Extracurricular)	Mrs. Culver	NC
9	Elective	Sewing	Mrs. Long	1.0
9	Elective	Stagecraft & Event Tech (Extracurricular)	Staff	0.5/1.0
9	Elective	Student Government (Extracurricular)	Mrs. Wood/Mr. Rowe	0.5
10	Required	AP Chemistry/Chemistry	Mr. Adams/Staff	1.0
10	Required	Homeroom (English 10, Modern World History, Written Portfolio II)	Mr. Dye/Staff	2.5
10	Required	Math (Pre-Calculus), Math (Introduction to Statistics) Math (Algebra I) or Math (Algebra II)	Miss. Heiner, Mrs. Long, Mr. Meade, Miss Moore, or Mr. Wood	1.0 1.0 1.0

10	Elective	A Capella Choir (audition only)	Mr. Swenson	1.0
10	Elective	ACT Preparation Class	Mrs. Meeks	NC
10	Elective	American Sign Language I	Mrs. Harris	1.0
10	Elective	American Sign Language II	Mrs. Harris	1.0
10	Elective	AP Biology	Mr. Adams/Staff	1.0
10	Elective	Art I	Mrs. Culver	0.5
10	Elective	Art II	Mrs. Culver	0.5
10	Elective	Ballroom Dance I (Beginning)	Mrs. McOmber	0.5
10	Elective	Ballroom Dance II (Intermediate)	Mrs. McOmber	0.5
10	Elective	Business Fundamentals	Mr. Hale	0.5/1.0
10	Elective	Computer Programing and Web Page Design	Staff	0.5
10	Elective	Conditioning	Mr. Rowe	0.5
10	Elective	Cooking	Miss Moore	0.5
10	Elective	Creative Writing	Staff	1.0
10	Elective	Debate /Speech	Mr. Haymond	1.0
10	Elective	Drama I	Mrs. Perry	0.5
10	Elective	Drama II	Mrs. Perry	0.5
10	Elective	French I	Mrs. Andrus	1.0
10	Elective	French II	Mrs. Andrus	1.0
10	Elective	Health	Mrs. Bigelow	1.0
10	Elective	History Seminar: New Nation	Mr. Cornell	1.0
10	Elective	History Seminar: New World	Mr. Cornell	1.0
10	Elective	Intramural Sports	Mrs. Bigelow/Mrs. Patch	NC
10	Elective	Logic and Reasoning	Mr. Hancock	0.5
10	Elective	Math Lab	Math Faculty	NC
10	Elective	Medical Anatomy and Physiology	Mr. Adams/Staff	1.0
10	Elective	Mixed Choir	Mr. Swenson	0.5/1.0
10	Elective	Play Production (nonmusical—audition-only)	Mrs. Perry	0.5
10	Elective	Robotics	Staff	1.0
10	Elective	Seminary (Daytime)	Staff	
10	Elective	Seminary (Early Morning)	Staff	
10	Elective	Spanish I (Beginning)	Mr. Makin	1.0
10	Elective	Spanish II (Intermediate)	Mr. Makin	1.0
10	Elective	Spanish III (Advanced)	Mr. Makin	1.0
10	Elective	Stagecraft & Event Tech	Staff	0.5/1.0
10	Elective	Video Production and Editing	Mr. Hancock	1.0
10	Elective	Yearbook/Photography	Mr. Allred/Mrs. Beckham/Mr. Branch	1.0

10	Elective	Yoga (Womens)	Mrs. Girones	0.5/1.0
10	Elective	American Heritage Youth Chorus (Extracurricular)	Mr. Swenson	0.5
10	Elective	Boys Basketball (Extracurricular)	Coach Norton/Holmes	0.5
10	Elective	Boys Cross-Country (Extracurricular)	Coach Allred	0.25
10	Elective	Boys Soccer (Extracurricular)	Coach Sackett	0.25
10	Elective	Boys Volleyball (Extracurricular)	Coach Biggs	0.25
10	Elective	Co-ed Golf (Extracurricular)	Coach Garvin	0.25
10	Elective	Girls Basketball (Extracurricular)	Coach Bailey	0.5
10	Elective	Girls Cross-Country (Extracurricular)	Coach Allred	0.25
10	Elective	Girls Soccer (Extracurricular)	Staff	0.25
10	Elective	Girls Volleyball (Extracurricular)	Coach Savage	0.25
10	Elective	Musical (Extracurricular) <i>Fiddler on the Roof</i>	Mrs. Perry/Mr. Swenson	0.5
10	Elective	National Honor Society (Extracurricular)	Mrs. Wood	NC
10	Elective	Orchestra (Extracurricular)	Mr. Brown/Mrs. Willey/Mrs. Riley	0.5
10	Elective	Physical Conditioning	Mr. Rowe	1.0
10	Elective	Service Association (Extracurricular)	Mrs. Culver	NC
10	Elective	Sewing	Mrs. Long	1.0
10	Elective	Stagecraft & Event Tech (Extracurricular)	Staff	0.5/1.0
10	Elective	Student Government (Extracurricular)	Mrs. Wood/Mr. Rowe	0.5
11	Required	Physics	Mr. DeBirk	1.0
11	Required	Homeroom (English or AP English Language, American History, Written Portfolio III)	Mr. Cornell/Mrs. Hilmo/Miss Crossley	2.5
11	Required	Financial Literacy	Mr. Hunsaker	0.5
11	Required	Math (Algebra II), Math (Pre-Calculus), Math (AP Calculus AB/BC), Math (Introduction to Statistics) or Math (AP Statistics)	Miss. Heiner, Mrs. Long, Mr. Meade, Miss Moore, or Mr. Wood	1.0 1.0 1.0 1.0
11	Elective	A Capella Choir (audition only)	Mr. Swenson	1.0
11	Elective	ACT Preparation Class	Mrs. Meeks	NC
11	Elective	American Sign Language I	Mrs. Harris	1.0
11	Elective	American Sign Language II	Mrs. Harris	1.0
11	Elective	American Sign Language III	Mrs. Harris	1.0
11	Elective	AP Biology	Mr. Adams/Staff	1.0
11	Elective	AP Chemistry	Mr. Adams/Staff	1.0
11	Elective	AP Music Theory and Aural Skills	Mr. Swenson	1.0
11	Elective	Art I	Mrs. Culver	1.0
11	Elective	Art II	Mrs. Culver	1.0

11	Elective	Art III/Portfolio	Mrs. Culver	1.0
11	Elective	Art Explorations	Mrs. Culver	0.5
11	Elective	Ballroom Dance I (Beginning)	Mrs. McOmber	0.5
11	Elective	Ballroom Dance II (Intermediate)	Mrs. McOmber	0.5
11	Elective	Ballroom Dance III (Performance)	Mrs. McOmber	0.5
11	Elective	Ballroom Dance III (Competition)	Mrs. McOmber	0.5
11	Elective	Business Fundamentals	Mr. Hale	0.5/1.0
11	Elective	Chamber Choir (audition-only)	Mr. Swenson	0.5
11	Elective	Computer Programing and Web Page Design	Staff	0.5
11	Elective	Cooking	Miss Moore	0.5
11	Elective	Creative Writing	Staff	1.0
11	Elective	Debate /Speech	Mr. Haymond	1.0
11	Elective	Drama I	Mrs. Perry	0.5
11	Elective	Drama II	Mrs. Perry	0.5
11	Elective	Family Science	Mr. Anderson	0.5
11	Elective	French I	Mrs. Andrus	1.0
11	Elective	French II	Mrs. Andrus	1.0
11	Elective	French III	Mrs. Andrus	1.0
11	Elective	Health and Physical Conditioning (Boys/Girls)	Mrs. Bigelow	0.5/1.0
11	Elective	History Seminar: New Nation	Mr. Cornell	1.0
11	Elective	History Seminar: New World	Mr. Cornell	1.0
11	Elective	Intramural Sports	Mrs. Bigelow/Mrs. Patch	NC
11	Elective	Logic and Reasoning	Mr. Hancock	0.5
11	Elective	Math Lab	Math Faculty	NC
11	Elective	Medical Anatomy and Physiology	Mr. Adams/Staff	1.0
11	Elective	Mixed Choir	Mr. Swenson	0.5/1.0
11	Elective	Physical Conditioning	Mr. Rowe	1.0
11	Elective	Robotics	Staff	1.0
11	Elective	Seminary (Daytime)	CES Staff	NC
11	Elective	Seminary (Early Morning)	CES Staff	NC
11	Elective	Spanish I (Beginning)	Mr. Makin	1.0
11	Elective	Spanish II (Intermediate)	Mr. Makin	1.0
11	Elective	Spanish III (Advanced)	Mr. Makin	1.0
11	Elective	Stagecraft & Event Tech	Staff	0.5/1.0
11	Elective	Teacher Mentor	Staff	0.5/1.0
11	Elective	Video Production and Editing	Mr. Hancock	1.0
11	Elective	Yearbook/Photography	Mr. Allred/Mrs. Beckham/Mr. Branch	1.0
11	Elective	Yoga (Womens)	Mrs. Girones	0.5/1.0

11	Elective	American Heritage Youth Chorus (Extracurricular)	Mr. Swenson	0.5
11	Elective	Boys Basketball (Extracurricular)	Coach Norton/Holmes	0.5
11	Elective	Boys Cross-Country (Extracurricular)	Coach Allred	0.25
11	Elective	Boys Soccer (Extracurricular)	Coach Sackett	0.25
11	Elective	Boys Volleyball (Extracurricular)	Coach Biggs	0.25
11	Elective	Co-ed Golf (Extracurricular)	Coach Garvin	0.25
11	Elective	Girls Basketball (Extracurricular)	Coach Bailey	0.5
11	Elective	Girls Cross-Country (Extracurricular)	Coach Allred	0.25
11	Elective	Girls Volleyball (Extracurricular)	Coach Savage	0.25
11	Elective	Girls Soccer (Extracurricular)	Staff	0.25
11	Elective	Musical (Extracurricular) <i>Fiddler on the Roof</i>	Mrs. Perry/Mr. Swenson	0.5
11	Elective	National Honor Society (Extracurricular)	Mrs. Wood	NC
11	Elective	Orchestra (Extracurricular)	Mr. Brown/Mrs. Willey/Mrs. Riley	0.5
11	Elective	Sewing	Mrs. Long	1.0
11	Elective	Service Association (Extracurricular)	Mrs. Culver	NC
11	Elective	Stagecraft & Event Tech (Extracurricular)	Staff	0.5/1.0
11	Elective	Student Government (Extracurricular)	Mrs. Wood/Mr. Rowe	0.5
12	Required	Homeroom (English 12, American Government & Economics or AP US Government, Senior Thesis)	Mr. Haymond	2.5
12	Elective	A Capella Choir (audition only)	Mr. Swenson	1.0
12	Elective	Accounting	Mr. Hale	0.5
12	Elective	ACT Preparation Class	Mrs. Meeks	NC
12	Elective	American Sign Language I	Mrs. Harris	1.0
12	Elective	American Sign Language II	Mrs. Harris	1.0
12	Elective	American Sign Language III	Mrs. Harris	1.0
12	Elective	AP Biology	Mr. Adams/Staff	1.0
12	Elective	AP Chemistry	Mr. Adams/Staff	1.0
12	Elective	AP Music Theory and Aural Skills	Mr. Swenson	1.0
12	Elective	AP Physics	Mr. DeBirk	1.0
12	Elective	Art I	Mrs. Culver	1.0
12	Elective	Art II	Mrs. Culver	1.0
12	Elective	Art III/Portfolio	Mrs. Culver	1.0
12	Elective	Art Explorations	Mrs. Culver	0.5
12	Elective	Ballroom Dance I (Beginning)	Mrs. McOmer	0.5
12	Elective	Ballroom Dance II (Intermediate)	Mrs. McOmer	0.5
12	Elective	Ballroom Dance III (Competition)	Mrs. McOmer	0.5

12	Elective	Ballroom Dance III (Performance)	Mrs. McOmber	0.5
12	Elective	Business Fundamentals	Mr. Hale	0.5/1.0
12	Elective	Chamber Choir (audition-only)	Mr. Swenson	0.5
12	Elective	Computer Programing and Web Page Design	Staff	0.5
12	Elective	Cooking	Miss Moore	0.5
12	Elective	Creative Writing	Staff	1.0
12	Elective	Debate /Speech	Mr. Haymond	1.0
12	Elective	Directed Reading Seminars	DE Faculty	0.5
12	Elective	Drama I	Mrs. Perry	0.5
12	Elective	Drama II	Mrs. Perry	0.5
12	Elective	Family Science	Mr. Anderson	1.0
12	Elective	French I	Mrs. Andrus	1.0
12	Elective	French II	Mrs. Andrus	1.0
12	Elective	French III	Mrs. Andrus	1.0
12	Elective	Health and Physical Conditioning (Boys/Girls)	Mrs. Bigelow	0.5/1.0
12	Elective	History Seminar: New Nation	Mr. Cornell	1.0
12	Elective	History Seminar: New World	Mr. Cornell	1.0
12	Elective	Intramural Sports	Mrs. Bigelow/Mrs. Patch	NC
12	Elective	Logic and Reasoning	Mr. Hancock	0.5
12	Elective	Math Lab	Math Faculty	NC
12	Elective	Medical Anatomy and Physiology	Mr. Adams/Staff	1.0
12	Elective	Mixed Choir	Mr. Swenson	0.5/1.0
12	Elective	Math (Algebra II), Math (Pre-Calculus), Math (AP Calculus AB/BC), Math (Introduction to Statistics) or Math (AP Statistics)	Miss. Heiner, Mrs. Long, Mr. Meade, Miss Moore, or Mr. Wood	1.0 1.0 1.0 1.0
12	Elective	Physics	Mr. DeBirk	1.0
12	Elective	Physical Conditioning	Mr. Rowe	1.0
12	Elective	Play Production (nonmusical – audition-only)	Mrs. Perry	0.5
12	Elective	Robotics	Staff	1.0
12	Elective	Seminary (Daytime)	CES Staff	
12	Elective	Seminary (Early Morning)	CES Staff	
12	Elective	Sewing	Mrs. Long	1.0
12	Elective	Spanish I (Beginning)	Mr. Makin	1.0
12	Elective	Spanish II (Intermediate)	Mr. Makin	1.0
12	Elective	Spanish III (Advanced)	Mr. Makin	1.0
12	Elective	Stagecraft & Event Tech	Staff	0.5/1.0
12	Elective	Video Production and Editing	Mr. Hancock	1.0
12	Elective	Yearbook/Photography	Mr. Allred/Mrs. Beckham/Mr. Branch	1.0

12	Elective	Yoga (Womens)	Mrs. Girones	0.5
12	Elective	American Heritage Youth Chorus (Extracurricular)	Mr. Swenson	0.5
12	Elective	Boys Basketball (Extracurricular)	Coach Norton/Holmes	0.5
12	Elective	Boys Cross-Country (Extracurricular)	Coach Allred	0.25
12	Elective	Boys Soccer (Extracurricular)	Coach Sackett	0.25
12	Elective	Boys Volleyball (Extracurricular)	Coach Biggs	0.25
12	Elective	Co-ed Golf (Extracurricular)	Coach Garvin	0.25
12	Elective	Girls Basketball (Extracurricular)	Coach Bailey	0.5
12	Elective	Girls Cross-Country (Extracurricular)	Coach Allred	0.25
12	Elective	Girls Soccer (Extracurricular)	Staff	0.25
12	Elective	Musical (Extracurricular) <i>Fiddler on the Roof</i>	Mrs. Perry/Mr. Swenson	0.5
12	Elective	National Honor Society (Extracurricular)	Mrs. Wood	NC
12	Elective	Orchestra (Extracurricular)	Mr. Brown/Mrs. Willey/Mrs. Riley	0.5
12	Elective	Service Association (Extracurricular)	Mrs. Culver	NC
12	Elective	Student Government (Extracurricular)	Mrs. Wood/Mr. Rowe	0.5
12	Elective	Stagecraft & Event Tech (Extracurricular)	Staff	0.5/1.0

(Updated January 2017)