



American Heritage School

Student Uniform Policy

(Updated: May 2016)
Parent Handbook Section 12

This student uniform policy, as found in American Heritage School’s Parent Handbook, is provided to help students and families understand the AHS uniform purposes and requirements.

Purposes and Implementation	Dress Standards
<p>We believe that properly wearing the uniform</p> <ul style="list-style-type: none"> • displays unity, modesty, neatness, and dignity; • demonstrates respect for self, education, teachers, and fellow students; • facilitates focus on learning and service, rather than on clothing and accessories; • supports an appropriate distinction between the genders; and • reminds students of their commitment to live by the American Heritage Mission Statement. <p>All male students at AHS are expected to wear the boys’ uniform and abide by the dress and grooming standards set forth for boys, and all female students are expected to wear the girls’ uniform and abide by the dress and grooming standards set forth for girls.</p> <p>Students wearing the proper uniform will be admitted to class; the uniform standard will remain in place until 3:30 p.m. daily.</p> <p>We trust that students and parents will govern themselves by the spirit of the uniform policy. Many items and variations are not specifically prohibited but are outside the spirit of the policy and thus are not permitted.</p> <p>Definitions for terms used in the uniform policy:</p> <ul style="list-style-type: none"> • Conservative: <i>Restrained; avoiding showiness</i> • Modest: <i>Modesty excludes short skirts, tight clothing, and other revealing attire</i> • Non-distracting: <i>Not drawing attention to oneself</i> • Small: <i>Fine, minute, diminutive, slender, thin, little, of small diameter</i> • Subtle: <i>Fine, thin, delicate, slight, faint, refined, difficult to perceive</i> <p>Please refer to the AHS website for complete information about the uniform, including full-color photos, ordering information, FAQ’s, shopping lists, and the current official uniform policy.</p>	<ul style="list-style-type: none"> • Clothing should fit appropriately (neither tight nor baggy). Pants and skirts should be worn at or above the top of the hipbone. • Skirts, shifts, jumpers, and skorts must touch the kneecap. K-12 girls must wear snug-fitting black or navy shorts daily under skirts, shifts, jumpers, and skorts (except when wearing approved leggings—see page 4 for details). Shorts may not extend below the hemline of the uniform. • Shirts must be tucked in at all times. • Sleeves may not be rolled up. • Undershirts and camisoles must be plain white. Undershirt sleeves may not extend beyond the cuff of the uniform sleeve. • Socks must be worn at all times. Alternatively, girls may wear tights; high school girls may wear nylons (see page 4 for details). • Only uniform jackets and sweaters are permitted in the building and may not be worn around the waist. Personal coats or jackets may not be worn in the building. • Hats and baseball caps may not be worn during school hours (with the exception of a winter hat outside for warmth). • Professional team logos are not allowed on campus.

BOYS' UNIFORM

Elementary (K-6)	
<p>DRESS uniform, required on Fridays <i>(Items may also be worn Monday-Thursday)</i></p> <ul style="list-style-type: none"> • †Navy pants (no cuff- Dennis) or Classic Navy Plain Front or Pleat Front Chino Pants (Lands' End) • White Oxford shirt with button down collar (pinpoint or plain weave, no logo - Dennis, Chaps and Stafford brands only) <ul style="list-style-type: none"> ○ Long-sleeved required for all special events ○ Long- or short-sleeved permitted on Fridays • *Solid navy tie • Black or navy socks (must rise at least 3" above the ankle) • Solid, dark shoes (black, navy, or dark brown) <ul style="list-style-type: none"> ○ Dress shoes (black, navy, or dark brown) required for all special events 	<p>REGULAR uniform, permitted Monday-Thursday</p> <ul style="list-style-type: none"> • †Navy pants (no cuff- Dennis) or Classic Navy Plain Front or Pleat Front Chino Pants (Lands' End) or *navy knee-length shorts • *Polo (red/white, LS/SS) or *turtleneck (red/white) • Navy polyester *vest, *cardigan, or *pullover • Navy Polartec *vest or *jacket, or Spiritware Jacket • Black, navy, gray or white socks (must rise at least 3" above the ankle) • Black, navy, dark brown, or white secure-fitting athletic shoes with non-marking sole (for P.E.) • Cub/Boy Scout uniform may be worn on Scout days
Middle School (7-8)	
<p>DRESS uniform, required on Fridays <i>(Items may also be worn Monday-Thursday)</i></p> <ul style="list-style-type: none"> • †Navy pants (no cuff- Dennis) or Classic Navy Plain Front or Pleat Front Chino Pants (Lands' End) • White oxford shirt with button down collar (pinpoint or plain weave - no logo Dennis, Chaps and Stafford brands only) <ul style="list-style-type: none"> ○ Long-sleeved required for all special events ○ Long- or short-sleeved permitted on Fridays • *Solid red tie • Black or navy socks (must rise at least 3" above the ankle) • Solid, dark shoes (black, navy, or dark brown) <ul style="list-style-type: none"> ○ Dress shoes (black, navy, or dark brown) required for all special events 	<p>REGULAR uniform, permitted Monday-Thursday</p> <ul style="list-style-type: none"> • All K-6 items except knee-length shorts • *Navy quarter-zip jacket, or Spiritware Jacket • Conservative tie (optional, to be worn with approved white oxford shirt) <p style="text-align: center;">P.E. uniform, recommended</p> <ul style="list-style-type: none"> • *White short-sleeved shirt with AHS logo • *Navy shorts and/or *sweatpants (recommended for cold weather) • Secure-fitting athletic shoes with non-marking sole • Approved AHS Shirts (optional) • AHS Athletic Shorts (optional) • Ankle Socks (optional)
High School (9-12)	
<p style="text-align: center;">DRESS uniform, required on Fridays <i>(Items may also be worn Monday-Thursday)</i></p> <ul style="list-style-type: none"> • *Navy blazer • White oxford shirt with button down collar (pinpoint or plain weave, no logo - Dennis, Chaps and Stafford brands only) • †Khaki pants (no cuff- Dennis) or Khaki Plain Front or Pleat Front Chino Pants (Land's End) • *Albury tie • Black, dark brown, or khaki socks (must rise at least 3" above the ankle) • Solid, dark shoes (black, navy, or dark brown) <ul style="list-style-type: none"> ○ Dress shoes (black, navy, or dark brown) required for all special events 	<p style="text-align: center;">REGULAR uniform, permitted Monday-Thursday</p> <ul style="list-style-type: none"> • †Navy, †khaki, or *gray (12th grade only) pants (no knee-length shorts) • *Red, *White, *Navy, *green, or *Cardinal (12th grade only) polo • *Blue oxford (LS/SS) • *Forest green quarter-zip jacket, or Spiritware Jacket • Conservative tie (optional, to be worn with approved white or blue oxford shirt) • Khaki shoes <p style="text-align: center;">P.E. uniform, recommended</p> <ul style="list-style-type: none"> • *White short-sleeved shirt with AHS logo • *Navy shorts and/or *sweatpants (recommended for cold weather) with AHS logo • Secure-fitting athletic shoes with non-marking sole • Approved AHS Shirts (optional) • AHS Athletic Shorts (optional) • Ankle Socks (optional)

Items with an asterisk () must be purchased from Dennis Uniform Company.

†Items with the following symbol (†) must be purchased from Lands' End or Dennis Uniform Company.

GIRLS' UNIFORM

Elementary (K-6)	
<p style="text-align: center;">DRESS uniform, required on Fridays <i>(Items may also be worn Monday-Thursday)</i></p> <ul style="list-style-type: none"> • *Macbeth plaid shift (K-4), *Macbeth plaid *skort (5, 6) • *White Peter-Pan collar blouse (K-6) <ul style="list-style-type: none"> ○ Long-sleeved required for all special events ○ Long- or short-sleeved permitted on Fridays • *Navy sweater vest (5, 6 only) • Black or navy tights or knee socks <ul style="list-style-type: none"> ○ Tights are required for all special events • Snug-fitting shorts (black or navy) • Solid, dark shoes (black, navy, or dark brown) <ul style="list-style-type: none"> ○ Dress shoes (black, navy, or dark brown) required for all special events 	<p style="text-align: center;">REGULAR uniform, permitted Monday-Thursday</p> <ul style="list-style-type: none"> • Macbeth plaid *skort or *split-front jumper • *Polo (red/white, LS/SS) or *turtleneck (red/white) • Navy polyester *vest, *cardigan, or *pullover • Navy Polartec *vest or *jacket, or Spiritware Jacket • Snug-fitting black or navy shorts are required daily unless wearing approved leggings • Leggings, socks or tights (black, navy, gray or white)—must rise at least 3” above the ankle. Leggings must be snug fitting and must cover the ankle (Lands’ End recommended) • Black, dark brown, navy, or white Secure-fitting athletic shoes with non-marking sole (required for P.E.)
Middle School (7-8)	
<p style="text-align: center;">DRESS uniform, required on Fridays <i>(Items may also be worn Monday-Thursday)</i></p> <ul style="list-style-type: none"> • White oxford with button down collar (pinpoint or plain weave, no logo - Dennis, Chaps and Stafford brands only) <ul style="list-style-type: none"> ○ Long-sleeved required for all special events ○ Long- or short-sleeved permitted on Fridays • *Navy box-pleat skirt • *Navy sweater vest • *Red crossover tie • Navy tights • Snug-fitting shorts (black or navy) • Solid, dark shoes (black, navy, or dark brown) <ul style="list-style-type: none"> ○ Dress shoes (black, navy, or dark brown) required for all special events 	<p style="text-align: center;">REGULAR uniform, permitted Monday-Thursday</p> <ul style="list-style-type: none"> • All K-6 items except white tights and leggings • *Navy hip-pleat skirt • *Macbeth plaid box-pleat skirt • *Navy quarter-zip jacket, or *pullover, or Spiritware Jacket • Snug-fitting black or navy shorts must be worn daily <p style="text-align: center;">P.E. uniform, recommended</p> <ul style="list-style-type: none"> • *Heather-gray short-sleeved shirt with AHS logo • *Navy shorts and/or *sweatpants (recommended for cold weather) • Secure-fitting athletic shoes with non-marking sole • Approved AHS Shirts (optional) • AHS Athletic Shorts (optional) • Ankle Socks (optional)
High School (9-12)	
<p style="text-align: center;">DRESS uniform, required on Fridays <i>(Items may also be worn Monday-Thursday)</i></p> <ul style="list-style-type: none"> • *Navy blazer • White oxford with button down collar (pinpoint or plain weave, no logo - Dennis, Chaps and Stafford brands only) • †Khaki box-pleat skirt (Dennis) or Khaki Girl’s Box Pleat or Solid A Line Skirt Below the Knee (Lands’ End) • *Albury crossover tie • Snug-fitting shorts (black or navy) • Tan nylons or unpatterend, opaque navy or black tights <ul style="list-style-type: none"> ○ Tan nylons required for all special events • Solid, dark shoes (black, navy, or dark brown) <ul style="list-style-type: none"> ○ Dress shoes (black, navy, or dark brown) required for all special events 	<p style="text-align: center;">REGULAR uniform, permitted Monday-Thursday</p> <ul style="list-style-type: none"> • All K-8 items except white tights and leggings • †Khaki box-pleat skirt (Dennis) or Khaki Girl’s Box Pleat or Solid A Line Skirt Below the Knee (Lands’ End) • Gray skirt (12th Grade only, must be purchased at the front office) • *Red, *White, *Navy, *green, or *Cardinal (12th grade only) polo • *Blue oxford (LS/SS) • *Forest green quarter-zip jacket, or Spiritware Jacket • Snug-fitting black or navy shorts must be worn • Black, navy, or tan nylons <p style="text-align: center;">P.E. uniform, recommended</p> <ul style="list-style-type: none"> • *Heather-gray short-sleeved shirt with AHS logo • *Navy shorts and/or *sweatpants (recommended for cold weather) • Secure-fitting athletic shoes with non-marking sole • Approved AHS Shirts (optional) • AHS Athletic Shorts (optional) • Ankle Socks (optional)

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Socks, Tights, Nylons, Leggings, & Shorts	Shoes
<ul style="list-style-type: none"> • Socks must be worn at all times <ul style="list-style-type: none"> ○ Solid black, navy, gray or white <ul style="list-style-type: none"> ▪ 9-12 boys may also wear khaki & dark brown ○ Knee-high or mid-length (must rise at least 3” above the ankle) • Tights (must be waist-high) <ul style="list-style-type: none"> ○ K-6 may wear solid black, navy, gray, or white (cable or opaque) ○ 7-12 may wear unpatterned, opaque black or navy • Nylons <ul style="list-style-type: none"> ○ 9-12 only ○ Black, navy, or tan ○ Must be waist-high • Leggings (K-6 only) <ul style="list-style-type: none"> ○ Black or navy ○ Leggings must be snug fitting and must cover the ankle ○ Lands’ End recommended • Shorts must be worn daily under skirts, shifts, skorts, and jumpers (except when wearing leggings, above) <ul style="list-style-type: none"> ○ Snug-fitting black or navy shorts only ○ May not extend below the hemline of the uniform 	<ul style="list-style-type: none"> • Monday-Thursday Uniform Shoe <ul style="list-style-type: none"> ○ Secure fitting ○ Conservative in style and appearance ○ Flat or low-heeled (less than one inch) ○ Base color and laces must be black, navy, brown, gray, or white. ○ <i>Conservative</i> accents of any color are acceptable. ○ No rollers, lights, characters, slippers, moccasins, moccasin styles, open toes, open heels, bold or distracting designs (including plaid, checkered, polka-dotted, floral, heavily-stripped), etc. ○ Laces must be worn in shoes intended to have laces. ○ Boots should not be worn in the building. • Friday Dress Uniform Shoe <ul style="list-style-type: none"> ○ <i>Solid</i> black, navy, brown (with matching laces and soles). ○ No accents or additional colors • P.E./Outdoor Shoe: <ul style="list-style-type: none"> ○ Secure fit and non-marking sole ○ Appropriate and comfortable for athletic activities ○ Suitable for both indoor and outdoor use ○ All colors are acceptable ○ Boots are acceptable outside the building
Accessories	Grooming
<ul style="list-style-type: none"> • The standard for all accessories is <i>small, conservative, subtle, and non-distracting</i> (see definitions on pg. 1). • Hair ornaments must be Macbeth plaid or solid black, white, brown, navy, red, gold, or silver. • Jewelry <ul style="list-style-type: none"> ○ Boys may wear watches & CTR rings only. ○ Girls’ earrings must be a matching pair. <ul style="list-style-type: none"> ▪ K-12 may wear non-dangling studs ▪ 7-12 may also wear simple gold or silver earrings that are smaller than one inch ○ Girls may wear a single necklace, which should fall above the third button on the shirt. Choker-style necklaces are not permitted. ○ Rings are limited to one per hand. ○ No bracelets (including bracelet-style watchbands), wristbands, or anklets. • Boys may wear a solid black, navy, gray (non metallic) or brown belt. • Scarves may not be worn. • Eyeglasses must have lenses and must be non-distracting. Sunglasses may not be worn in the building. 	<ul style="list-style-type: none"> • Hairstyles should be neat and clean, avoiding extreme and distracting colors and styles. Boys’ hairstyles should be trimmed above the collar, leaving the ear uncovered. Hair should be relatively short. Sideburns should not extend below the earlobe or onto the cheek. Young men should be clean-shaven. • Makeup should be subtle and conservative. No glitter. • Nail polish should be a transparent, natural, In grades 9-12 girls may also have red, white, blue, brown, tan, gray, green or pink in color. (No neon colors, patterns or accessories. All nails must be the same color.) • Body marking is not allowed, including tattoos, washable tattoos, or marking on the skin with ink or markers. No body piercing is allowed, except for a single piercing in each ear for girls. • Clothing should be well-maintained (properly hemmed, unstained, free from holes and fading, etc.).